

THEMES AND PASSIONS

The stories and themes that capture our heart reveal a lot about who we are, and who God created us to be. But, it is a treasure trove that is easily overlooked. If we never stop to understand *why* a certain movie, book, podcast, speaker, or story landed on us in a significant way, then we may miss out on a lot of the good that God has for us. Take a few minutes to fill out the chart below, and begin to reflect on and explore the themes of your heart.

Three of your favorite movies or shows

What captures your heart about them?

1. _____

2. _____

3. _____

Three of your most meaningful books

What captures your heart about them?

1. _____

2. _____

3. _____

Three of your impactful speakers or podcasts

What captures your heart about them?

1. _____

2. _____

3. _____

Top three places you have visited

What captures your heart about them?

1. _____
2. _____
3. _____

Top three places you want to visit

What captures your heart about them?

1. _____
2. _____
3. _____

Three things you hope to do one day

What captures your heart about them?

1. _____
2. _____
3. _____

Top Three things you enjoy doing

What captures your heart about them?

1. _____
2. _____
3. _____